



**The Molecule Theory**  
for Children of All Ages  
Adolescents  
Semi Adults  
Quasi Aged  
Deceased

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**“You cannot hope to build a better world without improving the individuals. To that end each of us must work for his own improvement, and at the same time share a general responsibility for all humanity.”**

**Marie Curie (1867-1934)**

**R. Christopher Jerome**

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## Desiderata

**G**o placidly amid the noise & haste, & remember what peace there may be in silence. As far as possible without surrender be on good terms with all persons. Speak your truth quietly & clearly; and listen to others, even the dull & ignorant; they too have their story. ☪ Avoid loud & aggressive persons, they are vexations to the spirit. If you compare yourself with others, you may become vain & bitter; for always there will be greater & lesser persons than yourself. Enjoy your achievements as well as your plans. ☪ Keep interested in your own career, however humble; it is a real possession in the changing fortunes of time. Exercise caution in your business affairs; for the world is full of trickery. But let this not blind you to what virtue there is; many persons strive for high ideals; and everywhere life is full of heroism. ☪ Be yourself. Especially, do not feign affection. Neither be cynical about love; for in the face of all aridity & disenchantment it is perennial as the grass. ☪ Take kindly the counsel of the

years, gracefully surrendering the things  
of youth. Nurture strength of spirit to  
shield you in sudden misfortune. But do  
not distress yourself with imaginings.  
Many fears are born of fatigue &  
loneliness. Beyond a wholesome discipline,  
be gentle with yourself. ☪ You are a  
child of the universe, no less than the trees  
& the stars; you have a right to be here.  
And whether or not it is clear to you, no  
doubt the universe is unfolding as it  
should. ☪ Therefore be at peace with God,  
whatever you conceive Him to be, and  
whatever your labors & aspirations, in the  
noisy confusion of life keep peace with  
your soul. ☪ With all its sham,  
drudgery & broken dreams, it is still a  
beautiful world. Be careful. Strive to be  
happy.

Found in old Saint Paul's Church,  
Baltimore; Dated 1692

How do you think the custodians of this planet would find the treatment of fellow inhabitants (birds, plants, insects, reptiles, people)? Would they have disdain for such stupid behavior on the part of the technological mammal. If you can, make your thoughts work. You should more quickly understand how life works. Would the federation of planets consider us as eligible? To waste life is to disregard the life we share. A picture of larger proportion should bring our lives into focus. We are very small and yet a big part of life.

In our own body, many parts make up the whole, and each one of those parts contribute to our being. All life is made up of the contributing parts. In the forest all the plant life gives what the others need, shade, nutrition, life, death. In the sea each member makes its contribution, only taking what each needs. Life after life we receive what is necessary. Sometimes you might find you can't always get what you want, you get what you need.

Einstein kept saying something to the effect that God would not play craps with the universe. So Albert was observing that

the mixing of lives experiencing the differences from all perspectives will give us movement of the forward kind. Gravity of progress, we step over and over towards the next step, each one contributing as in the ocean and forest. Lives move inevitably towards the next, eternally mixing with each other. The important point being that all living things are in the same boat, planet, universe, cosmos.

I was watching a program on educational TV with the President of the United States talking with the media gurus of different race selections. Discussing prejudice and the value of different techniques for job integration and equality and support, including all the fuferall of care and concern. Very good and potentially correct, but sometimes you might find you don't always get what you need.

As we will see, education could be the answer if it were education that was universal and would apply equally to all groups, not just groups that complain the loudest, but a concept that would make the thinking process equal among all

groups. Even smart people might realize that our thoughts govern our beliefs and the outcome of what we think. So if we taught a belief system that allowed us all to be what we are and not what the system says we are, in a world that honors all life as a process equal to ours and everyone's, we would honor the evolution that makes us and the planets move towards the best of what is ahead. It is apparent that evolution is taking place among all species. Man has improved a number of techniques towards his treatment of man and animals. Now people just run into each other in sports. Instead of Gladiators with swords and spears, baboons, monkeys and chimps have been observed learning new skills that improve their lives. What do you bet rodents, birds and insects have also improved. If you watch educational TV, many new observations are made each season. So what next step could we all take to embrace the positive movement that we all can see. What if we actively contributed to evolution's steps.



## The Molecule Theory

It is my belief that we are formed from energy molecules that live on our energy system. We are made up of a system of energy molecules from the moment of conception, and we are tiny universes similar to the universe that we live in with rules and controls that keep us in place, that draw and repel different aspects to all living things. The molecules are given to all life forms in the number and quantity that is natural for its style and form of existence. And in all of life, the molecules assemble in the quantity and quality for each living thing with all the twists and turns of natural selection such as positive/negative, strong/weak, smart/dumb, quick/slow, aggressive/passive and in nature we have dominate and passive so each aspect is fighting for expression as it lives out its time in all forms of life. We fight to be, we fight to live, we struggle within and without for the parts of us that win out or manage a short victory. Some may have dominate parts that are never challenged by their counterparts, others may be

challenged all the time. I feel each one of us feels or sees this process taking place within ourselves and others. We can all see our strongest parts as well as our weaker ones and feel the conflict within. So mustn't it be so within all lives, deer, ducks, donkeys, dogs. Many people see it in their pets, that all have their organization of molecules that mix and blend to make a totally unique life.

I've read Zen Buddhist's books that insist on the four stages of existence. Birth-growth-decay-death, that every living thing passes through as is true for all of our molecules, big and small, musical or mathematical. Molecules of all different designs would live through many of our lives. The dominate buck will eventually be dethroned, the meek will inherit the earth, all of these concepts play into the eternal chain. As I have observed my fellow man, woman, creators, we all seem to get the same stuff, (energy molecules) but in different amounts. The list seems so endless that I feel it is necessary to attempt examples from observations of the society we live in. We live where people who throw balls

well and those who pretend to be others are the most revered in our system, and a very large cross-section of different populations in all countries do this. The ball players have very competitive molecule structures, probably in all aspects of their assemblage. The pretenders most want to please others, also an aspect of being. Some are mean, kind, smart, jealous, controlling, giving, happy, sad with all the possibilities making different people because all their stuff comes in different quantities.

I know you will ask about squirrels, they too have all these molecules, but with a natural tendency to be miserly as do we, or some of us. We could have molecule energy that was once a squirrel or any other being. Seeing people who really like cats, dogs, snakes or lizards, some are afraid of these too. They might have energy that once lived as another life. Not to dismiss social and genetic influences that we all agree have influence, but as I see it, a bigger influence is also at work. We know people who are very like their parents. Could they have a very strong follow influence of energy? Many of us

do, or those unlike any other family member may be influenced by energy molecules that are not influenced by culture or outside influences. Seeing the big picture of influence offers us the ability to see ourselves and other creators as unique universes, just like the one we are living in and learning about. We too can learn more about what we live in and how it might work, giving all a better chance to express their unique makeup.

American Indian philosophy held that to best benefit the whole you, you had to be the best you could be, and that was determined by each individual. Not blocking the true or strongest drive of each person was considered the best for all and was encouraged wherever a negative existed, a positive existed as a counter measure. A variety of insurmountable contemplation exists in all life, big/small, us/them, you/they, wet/dry. We must oversee or overcome that which is presented to us and what is present in us. So get busy living well, the real priority is using your gifts well. Waste not, want not, play the hand your dealt. Plan, scam, push, shove, be yourself, take time.

We are different, we will change through life as the different parts mature, age develop. So with all this going on, it seems that it would be appallingly stupid to attempt the judgement of others without a shred of information on the growing and governing factors of others. We can't see the growth rate of their different molecules. This in no way condones hurting others and what should be looked on as hurtful, is not allowing others to be who they are. The evidence is such that your method of processing thought would have to be different, some the same. Ending the waste of trying to improve others through your patterns which would not apply or maybe they would if constructively presented, but improvement can best come through self-evaluation first. Way too many suppose the method of conformity answers the call, correct anything different.

“Conventional people are aroused to fury by departure from convention, largely because they regard such departure as a criticism of themselves,” quote by Bertrand A. Russell, philosopher, 1872-1970. Others are not a threat. The

threat is not in the stars, dear brutes, but in ourselves, giving our species a proper way of looking that creates acceptance and encourages exchange of ideas from the different assemblages, and over time the blending will build unity instead of companies merging for the common good country's will.

I must become sad to hear good people mocking others for their point of view. Kids at school would not make fun of kids that are different because their parents taught them that each person or living thing has different energy molecules that make up its life and influence us before we are born. The kids that are good at sports or studies have no choice. You can't change how you feel because we were made this way for a reason. All parts of the earth's landscape are different. The sky is never the same. Different is constant, as are we, giving all their due the gravity of our solar system, (dual meaning) is in our best interest. Included in the mix are populations of all groups. There are those that would survive in change mode conditions of any type. Some mix poorly in today's world,

others adapt and make the best of a situation, that their life is meant for a different time or circumstance. This is another example of controlled expectation of all possibilities by the molecule system, learned possibly by the dinosaurs.

Mistake corrected, trial and error, new process. I guess I'm really saying, if you can't properly criticize everyone, you shouldn't criticize anyone.

## **Wheel of Molecules, Lives of Possibilities**

I'll bet we would have some cry babies if the system or way of life failed, ho, ho, so try and see how we must be the same. A life passes in the forest, its nutrients give to others, an animal in the jungle is killed for food so another can live. Big fish live off small ones. Everything is used so it must be with us. We pass on our energy molecules the same way in death, the concept of life after death, it is old business. We are just trying to figure out what it means or how to use it the best way, the reasons must be great and small. Molecules make us the way we are and spill over to endless possibilities. Giving all generations a way to accept the differences in everything.

As common as a summer shower, a sunny day, clouds or hail, they pass by without a thought because as we grow no attachment is given to these except that is how our planet gives life. It is so. We too are given life and how it happens that we get to be the way we are is given as something that should be examined in



some negative way we can't be less than others. We can know and grow from the experience of who we are and not be criticized, but to be shown honors for being what nature intended. Nature's plan must be superior for each of us. Enjoy yours, give others support for being just the way they should be.

There are many confusing aspects of life, but our significance is the same as the seasons or gravitational pull that allows new developments for the future. We don't criticize the future as not being as it should be. We are formed from the future of before, so to find fault with others or the seeds of the mustard plant would be detrimental. We are all building blocks towards the future. When the seed starts to germinate, is it bad or inadequate? When it becomes a seedling is it less than it should be or a sapling less than a mighty oak? Growth and life are one. A blend of such staggering dimension is far beyond your ability to find fault. I would hope that the future will bring public ridicule to those that insult, criticize or defame nature's way of bringing us all together and from here on

in, it is that future. Don't harm others,  
help every way you can and give but  
what you can.

## **Advantages to Adopting the Molecule Theory**

At present, the most benefit would be that people could put away their petty criticism of others and pay attention to improving their own assemblages of interaction, giving attention to not being critical towards some of the aspects of your own being as you would not be thinking that you are made wrong as so many do. But that you have an opportunity to do well with what you have been given. Doing your best with what matters, the life you've been given at this marvelous time. We have always made reference to the wrong of talking behind people's backs, but now there is real factual reasons that you harm yourself with behavior of this type. You waste your limited time. Your job is not to oversee their movement, but to oversee your own and by talking about what is not available to you, you show others that you're not paying attention to your job. Giving your all to making the most of what nature has determined is best for you. Enjoy more, work more, experience

more, give more. What goes around, comes around is really trite but true. So for me after a lifetime of watching people going about their lives. If there was one overall improvement we could make towards ourselves, nature and evolution of our species, it is shut up about the lives of those different from ours. For all you know, everyone is doing the best they can with what they have, and so should you by shutting up about what you know not. Perfection is not the goal, improvement is everyday. The assemblage of all living things is our destiny. Every possibility exists, live to see every living thing at its best. It is time to believe in the mathematical probability that everything has been to improve the whole of life, learn more. Consider all ways you can improve yourself without the litter of trying to think for others who don't even know you're involved.

## The Big Three

My dad died a year ago today. He was a great man who had a very positive impact on my life. My father was a very different person in comparison to myself. My dad grew up during the depression era. He was in the South Pacific during World War II and sold insurance for the same company for 35 years. Growing up as I did, I never did my school work, I caused my teachers problems as much as possible and never went along with the program—never! But, on some level, my dad knew I was being myself and he never punished me or beat me down for it. He let me flow clean and clear. If I was to guess, my father discovered the molecule theory and went along despite his misgivings. He was ahead of his time and never knew it. He knew his children were made of individual ingredients that grow their own way as do all children. They are a part of the parent, they are not the parent.

My dad and I used to joke about the “big three,” they were don’t knock her up, keep your teeth and don’t drive

motorcycles. He told me over and over and over from a young age. Now looking back, my father was concerned with quality of life as a life goal. In high school I was seeing the same girl all the time and was very involved. My dad was worried that having a baby at such a young age would definitely affect my quality of life.

Most young people don't realize that they are not fully awake as to who they are, (molecule growth) and to end your youth before it's over is a grave mistake. Ask anyone who's not a youth anymore. So to interrupt your molecules growth at a very important point, is child abuse introduced by the child, double meaning. My dad was very concerned about this.

Keeping your teeth meant brushing, flossing and regular cleanings at the dentist. It was important because if you had dentures, your eating habits changed, food lost its enjoyment and injured your quality of life.

You didn't ride motorcycles after 30 years of selling insurance. Dad heard about all kinds of accidents and the worst ones were on motorcycles whether death

or serious injury. Life was too precious to waste on a crotch rocket. Your actions of exposing yourself to that level of risk was disrespectful towards existence. My dad sold me his convertible as a substitute, which I still have, thanks Dad. The main point being, that in your teens and early twenties, most of us aren't finished becoming who we might be. The molecules are still jockeying for position. Really, don't hurry, my dad lived to be 84. Give life a chance to develop freely. You need many experiences to be a parent. My dad was 35 when I was born. A child deserves an experienced parent in most cases. There are those unique instances when young parents can make all the sacrifices necessary for a happy family. How we balance all the variables makes us unique inside and out. There is no way to know for sure how different we are and how that will affect the outcome of anything we undertake. But don't be stupid, play the odds that work for you. Pay attention to yourself, give yourself every opportunity to make the most of what you have. Quality of life is not necessary stuff or it could be. Quality of

life is seeing yourself as you are. Study hard, there are parts of us that will try to fool or injure you just to be in front for a time, petty and small is a part of all life.



## Value

I remember the bumper stickers that said, "question authority," meaningful message for a bumper sticker. I feel bumper sticker art is truly a monument of time worth its weight in gold. However, I must continue to present my case, I always wanted to make a bumper sticker that said, "question value," as we seem to live at a time when the concept is very poorly judged. Cars, outfits, curtains and shoe ware may be nice, but value is much more once assigned. Your process of assigning value during life needs to be interconnected with how your molecules are ordered. Accepting value placed by others takes from you the needed authority to control your own destiny as was intended. Look hard at what brings happiness. Your life is for positive growth. The American dream is okay, but bigger stuff is ahead.

Are you familiar with the Hubble telescope that is up in space taking pictures of universes thousands of light years away, and determining that other planets are there because of shifts in the

gravitational pull of stars. Pretty funny or amazing, warp factor 1 Mr. Sulu. And there is speculation that life could exist there, but we really don't know. In man's infinite wisdom, we see that value and rarity are often connected, and looking into the cosmos it could be determined that of all that we see, the thing that is most rare is life. We see life all around us, but none away from us. Our lives, whether in a big house or under a bridge are singular and unique as any planet. A chicken in the yard or a cat in the tree, the things that we are, are totally unique and growing. We could value the most insignificant insect purely by its being at all.

Maybe it is our job to populate the universe, maybe Noah's Ark is not a story of the past, but a picture of the future. Would we then injure life, each other or the planet? We need to consider a picture much bigger and value that which offers the most. Many questions, but few answers produce a humble demeanor. The real deal is, we don't really have a lot of answers and harming lives in word, deed or actions will harm us all.

Pesticide or genocide, governments and individuals need to see what seems like a lot to us, is a speck in the universe. I don't care how small or insignificant another plant or animal may seem to you in relation to the earth's size. We are all the same. None of us chose the kind of life we have, it was given to us to use. "Do unto others as you would have them do unto you."

We are very easily made to believe that our monetary system is of great significance and now shouldn't we place equal or greater value on the lives we share by teaching how important we might be?

## Observations on Process

As we are on the evolutionary trail, and our developments speed and direction should always be in question, a few movements could improve our processes. The activity of giving children a loving and caring environment to grow up in being the most important. Let your children hear all the good things you say about them. Don't belittle or call them down. Children need encouragement. In fact, talking kindly about everyone and to everyone is best. What a surprise! This is not to encourage empty flattery or sentimentality, which is negative. Positive assessment is honesty. Positive reinforcement is important for growth, and we all need that.

I have always been an advocate of positive thinking books which are very influential in promoting a positive direction. However, we must remember that our molecules are very much in control also, and that positive thought cannot make the wrong things happen. I don't mean that you can't make bad things happen with positive thought, I

mean that you can't make things happen that go against who you are. We are not all made up for some kinds of life. Each is different, and trying to create a life not meant for our design could be damaging. Counter measures exist inside of us. Everything is not available to everyone. Mistakes provide good information also. But some things are not meant to be. Remember the life we live is the gift.

Acceptance is important. Sometimes we must swallow the pill that there is plenty within our reach, as there are aspects which are beyond us. This is real, not negative. There is an inner voice that communicates to us, listen to it.

Repetition is controlling us. What you say is what you get. The words that cross your lips and mind with the most frequency are governing your movements. I'm happy, I'm glad, you're smart, you're helpful or any positive affirmation for yourself or others is very, very important to giving yourself control. Don't watch TV all the time, too much negative communication is taking place. It is dangerous to have a mind set that you feel threatened or afraid. Read

positive books, help others. Set goals inward and outward. Work towards improvement, accomplish one thing everyday, no matter how small. Have a plan and follow through. Be proud of all you accomplish , build up to larger ones.

The only reason to be in the world is to have a good time. Never dismiss enjoyment or recreation and exercise as animals. We need it physically and mentally. Interact with friends, have fun. I'm not really sure why I'm here so I may as well enjoy it as much as possible. Some of us can even be impulsive, try new things or do something that we haven't done for a long time, stay fresh. When dealing with existence, try everything you might enjoy. Your having the time of your life doesn't mean you're on a great vacation for a week. It means that this is the only time during eternity that you will be, so don't waste any part of this time. Sounds like life is your responsibility to make something of it. But that's not important, better remember to buy a lotto ticket, got a really good chance this week.

## Declaration of Direction

Think about yourself and how you're made up. What do you feel really good doing? Make a simple plan as to what you would feel the best about in your latter life, what would you like to tell people you did with your life? Your inner voice, your actions will communicate quite a lot. Have a picture in your mind as how you would see yourself using the gifts that you have been given. Adopt the pace of nature, move towards our thoughts steadily without hurry or haste. Be yourself joyfully, and give others the same chances. All life is a challenge. Never quit or give up, there is constant movement and many opportunities are present, the twist and turns give us all valuable information to seize the next opportunity. Be patient and strong and happy at the prospect of living at a marvelous time.

Use your mind as a treasure house. You don't put valueless items in your safe or safety deposit box. An honest look at conducting your thoughts would say think right, receive right, this is an

awesome task and really determines how well you're doing more so than a bank account, etc., etc. We are much more than what society says we are, as much as we want to be, if you make an effort, an ongoing effort.

See yourself and others, all others as a work in progress with pitfalls for everyone, just not the same pitfalls. Some tasks require all-out effort. Face your fears, be the person you can be most proud of. Being the person you would most likely look up to.

I remember when Bobby McFerrin's song, "Don't Worry, Be Happy," came out and was popular. I heard some say, "I hate that song." I couldn't believe that someone could be so attached to worry and unhappiness. Habit can work both ways, good or bad. There are many books that offer advice on these problems.



## **Existence Formula**

**Time + effort + scope + distance ÷ variables x determination = your thoughts of the results.**

**Your job, should you choose to accept it, is a destination that brings out your best. Everyone can win the big game, play as hard as you can, give your all. Make rules that follow a pattern with your being in mind. Choose your path or paths with your feelings as your guide. Trust that our multibillion year old living planet is smarter than we are and would undoubtedly provide the best for its inhabitants as it has been. Can you question its motivation? The mother earth has been providing us milk and honey of the physical and psychological kind for all species. Our pride for being able to contribute to such an awesome system should be without measure—participate with all you have.**

# **There is no Way to Get at Objective Truth and That's the Truth—Period**

by Charles L. Nelson

Would it be possible for you to establish some kind of letters to the editor policy so that we do not have to be bombarded continually with inane arguments concerning creationism and evolution?

I would suggest the following ideas as starting principles for such a policy:

The words “creation” and “evolution” are abstract concepts. There is no “truth” or concrete reality to them.

Evolution is an idea—a theory, a string of hypotheses and beliefs men have generated in their attempt to understand complicated phenomena in this world. It is not truth or reality.

Creation or creationism is an idea—a theory, a string of hypotheses and beliefs men have generated in their attempt to understand complicated phenomena in this world. It is not truth or reality.

It is absurd to judge either evolution or creation concepts as right or wrong. If the concept of evolution is taught in

**schools, it should never be taught as fact or truth. It should only be taught as theory—just as any scientific idea should be taught as theory. Creationism should be taught in schools—but only as theory and never as fact. If creationism is taught in a school, care should be taken to introduce 157 varieties of religious concepts of creation in addition to the Christian concept. Christianity was neither the first or the last religious system to embrace the concept of creation.**

**If I disagree with you about your creationist view or your evolutionist view, please do not label me a fool or your enemy and I in turn will not castigate you. We simply have different ways of trying to understand this life and this world around us.**

**We do not know, and we will never know the ultimate truth, fact, or reality. We each will do the best we can to understand—and as long as I do not try to force my opinion on you and you do not try to force your opinion on me—and we do not hurt each other—then we are on the right track.**